

## 3 Free Bowling Programs for Kids this Summer

Free bowling for kids is one of the latest [summer freebies](#) that kids will love participating in and you'll love not having to pay a dime for it.

There are three programs outlined below that have free bowling for kids programs that all take place during the summer. Check each program for information on dates, times, ages, and other restrictions.

### Kids Bowl Free 2012



Kids Bowl Free is a nation-wide program where [kids get to bowl for free](#) every day during the summer at their local bowling alley.

#### Registering for Kids Bowl Free 2012:

Visit [Kids Bowl Free](#) and click on your state to see a list of bowling alleys that are participating in Kids Bowl Free 2012. Select your local bowling alley to see all the details of their Kids Bowl Free program.

On the right side of the page you'll see all the details for this particular bowling alley's Kids Bowl Free program. You'll see the dates and times available for free bowling, the age requirements, and whether there will be a fee for shoe rentals.

Once you've selected the bowling alley you'll need to fill out the registration form to register your child for the free bowling.

### AMF Summer Unplugged



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[AMF Bowling Centers](#) have a program called *AMF Summer Unplugged* where kids 15 and under to get to bowl two free games a week May 14 - September 3.

Visit the [sign-up link](#) and enter your email address to begin the registration process. You'll be able to visit your account and print your vouchers whenever you like.

Shoe rental is not included and the free bowling is available until 8:00 p.m., 7 days a week.

### Brunswick Zone's Free Bowling for Kids



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At [Brunswick Zone locations](#) students 18 and younger get to bowl one free game every day in June, July, and August.

To get started, you'll need to choose your location and sign up for the [Brunswick Bonus Zone](#). Look for your free game coupons to come in your inbox.