A school nurse discovered a safe, easy way to remove ticks where they
automatically withdraw themselves when you follow her simple instructions.

**Tick Removal:**

Spring is here and the ticks will soon be showing their heads. Here is a good way to get them off you, your children, or your pets. Give it a try. It really works!

Please share with anyone with children, hunters or dogs; or anyone who even steps outside in summer!

"I’ve had a pediatrician tell me what she believes this is the best way to remove a tick. This is great because it works in those places where it's sometimes difficult to get to with tweezers: between toes, in the middle of a head full of dark hair, etc."

"Apply a glob of liquid soap to a cotton ball. Cover the tick with the soap-soaked
cotton ball and swab it for a few seconds (15-20); the tick will come out on its own and be stuck to the cotton ball when you lift it away.

This technique is much less traumatic for the patient and easier for the user. Do not use if someone is allergic to soap.